

# Sculpt Mini Ice-Creams & other Frozen Treats!

Bring summer back to life by sculpting mini frozen treats from clay in your favorite shapes and colors.

#### Materials needed for your sculpted insects:

- Air Dry clay or Polymer Clay soft (for small children) or medium
- Card Stock or Baking Paper
- Newspaper
- Plastic knife (not serrated) or a short ruler
- Optional Medium Acrylic Gloss Glaze (for a shiny finish) or Acrylic Paint
- Small Brush
- A damp scrap piece of cloth or piece of old clothing
- A small makeshift rolling pin for e.g. metal rod, acrylic or glass rod, small jar or flat metal tray
- Art shirt

#### Instructions:

#### Prepare Your Workspace:

- Wear an art shirt as it can be messy.
- Lay down a baking paper sheet or your card stock as a work surface. Place newspaper underneath if you are using water.
- Clean up any dust or dirt.
- Gather all the materials and tools you need.

## Before sculpting your insects:

- Pick 1-3 flavors of ice-cream or kinds of frozen dessert you would like to sculpt.
- Ice-cream and frozen deserts can be soft serve, scoops, popsicles. They can come in cups, cones, paddle sticks, pancakes, waffles and be topped with syrup, sprinkles, fruits, chocolate and nuts.
- Choose your clay colors or paints based on the chosen frozen treats' colors.
- You can mix clays or paints together for the desired colors.
- Choose the amount of polymer or air dry clay to use.



## Clay tips:

- Air dry clay:
  - To wet and shape the clay use a small spray bottle or a cup of water with a paint brush.
  - Lay newspaper down underneath your sculpting surface.
  - A bit of water and clay mud can be used as glue to attach.
  - Allow it to air dry in a safe place for 2-3 days depending on the size.
  - o Once dry, you can paint your sculpted insects.
  - Wash your hands when you are done working with the clay.

#### • Polymer Clay Guide and Tips:

- If you don't have the desired colors of clay for your treats you can mix colors or paint your polymer clay insect with acrylic paint.
- Wood glue can be used to glue pieces together before drying.
- Optional Soft pastels, eye shadow or fine colored pencil shaving dust (for small details)
- Knead polymer clay before using to soften it and make it easier to work with.
- Do not touch your face while working with the clay.
- Wash your hands when done working with the clay.
- Always keep the room well ventilated while working and baking.

### • Drying Polymer Clay using a hair dryer with an adult:

- You can dry it with a hair dryer in a cardboard box for 5-10 minutes depending on the size of the clay sculpture.
- Drying Polymer Clay by baking with an adult:
  - Baking paper can be used on a tempered glass or metal baking tray.
  - Use an oven mitt when handling hot objects.
  - Foil sheets can be folded to cover the tray and prevent burning.
  - Polymer clay can be baked in a preheated oven (convection is best) at 270-300°F for 15-30 minutes for the clay to harden.
  - The clay will have instructions in case there are any specific requirements or temperatures.
  - Polymer clay clay can sit in the oven for the full 30 minutes as long as the oven is not over 300°F otherwise it will burn. An oven thermometer can be used just in case.



## Working with your clay:

- Knead your clay with your hands or roll it out to condition the clay before working with it.
- Separate your clay into each of the different parts of your clay treats.
- Keep your hands clean with a damp cloth when working with many colors of clay. (working with one color at a time is helpful!)
- Roll small clay balls that can be shaped to make little cherries. For ice cream scoops you can use the plastic knife to rough cut into the surface for a realistic looking.
- You can roll or press the clay flat to make ice cream cones or cut out paddle sticks to use.
- It's not necessary to be accurate, you can exclude the legs if the wings are too big.
- Roll clay noodles for long strands of syrup or cut them up to make sprinkles.
- Tear drop or tube shaped clay can be used as little nuts, pieces of fruit or chocolate chips.
- Use a plastic knife to carve details on your treats.
- Shape all of the parts with your fingers.
- For polymer clay, you can attach the the clay pieces together with wood glue if it's dry. If it's still moist, press each of the smaller pieces to the surface.
- You can use a ruler for long cuts of clay like clay strips.
- To add details, use the pencil dust with a dry paint brush to create white dust for frost browns or a toasty cone wafer.
- For air dry clay, you can roughly score the surface with a wet brush. On the side make a small amount of clay mud paste and place firmly on the clay spots you are attaching like glue —you can wipe off the excess with your finger or a damp cloth.
- You can marble polymer clay by lightly kneading 2-3 colors in one clay mound and stopping when you see swirls.
- You can imprint cool patterns or shapes into the clay by pressing household items into it (like a sieve for a crisscross pattern!). Get creative with your parents permission. Cling wrap can be used to cover anything that is not metal or glass.
- If your clay gets stuck on the paper, use your knife or ruler to lift it.
- Let your clay treats dry on a baking sheet.
- Paint, gloss and/or decorate your clay treats.